

# Heart of the Forest Community Special School

## PSHE Policy 2023



Approved by:	HOF Governing Body	Date:	6 <sup>th</sup> July 2022
Last reviewed on:		Next review date:	July 2024
Website:	Yes	Type	Statutory

## **Introduction**

Heart of the Forest Community School's Personal, Social, Health and Economic (PSHE) Education policy is based on current Department for Education's Statutory Relationship education, RSE and health education guidance which sets out what schools must cover. This edition of Programme of Study (updates January 2020) support a comprehensive programme that integrates, but is not limited to, this statutory content. Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. (see separate policy) at key stage 3 and 4 and health education in both primary and secondary phases.

The statutory guidance is comprehensively covered by learning opportunities for each key stage across three core themes: 'Health and Wellbeing', 'Relationships', and 'Living in the wider world', even though much of 'Living in the Wider World' is not included in statutory requirements, this core theme is equally important. PSHE will also cover economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

## **Statement of Intent**

As a school committed to life-long learning, we believe that education for our students includes not only the subjects of the national curriculum, but more importantly communication, life and social skills. We aim therefore to teach the students the skills necessary for self-care and living that others may take for granted. We want our students to become successful members of the wider community and actively promote inclusive educational opportunities for students from our school. This includes ensuring that there is a close partnership between ourselves and the wider community.

Teaching and resources will be differentiated as appropriate to meet the needs of individual pupils in order to support them in making choices and keep safe whilst building positive relationships in school, home and the community.

## **PSHE at Heart of the Forest Community Special School**

At Heart of the Forest we believe that our school creates an environment where all are proud of their achievements and showing respect for others is at the heart of our community. Our PSHE provision is personalised and appropriate to meet the individual needs of our pupils within the different pathways.

At Heart of the Forest we use the PSHE Association Scheme of Work, alongside Gloucestershire's PINK curriculum to plan the sequence and theme of our PSHE curriculum throughout the school. PSHE is not an isolated subject and is delivered developmentally throughout life and as an integral part of our school curriculum especially in Science and Life Skills, and as such is addressed throughout each pathway.

We strive to prepare our pupils with the skills to lead a safe and healthy life where they are able to make their own, independent choices. Pupils will develop their abilities to:

- Decide what is right and fair
- Make choices
- Respect rules and agreements
- Contribute to decision making systems
- Co-operate with others when playing or working
- Understand risk with the knowledge and skills necessary to make safe and informed decisions

PSHE enables pupils to understand their emotions, the needs of others, health, safety and wellbeing. Also providing our pupils with every opportunity to develop the knowledge, skills and understanding they will need to become caring and responsible citizens in a diverse and ever changing society.

## **Aims of PSHE Education**

We aim to:

- Teach pupils strategies to develop the knowledge, skills and attributes they need to manage their lives, now and in the future
- Provide effective ways for pupils to communicate their feelings
- Teach pupils to respect others opinions and points of view
- Encourage acceptance of others feelings
- Provide reassurance and a supportive environment
- Teach pupils to develop responsibility for their actions and understand consequences for their actions.
- Support pupils to look out for their friends and peers
- Develop skills (communication skills, language, decision making, choice assertiveness) and make the most of their abilities.
- Develop skills and attributes in order to make positive decisions to stay healthy, safe and prepare them for life and work in modern Britain.

## **Statutory Guidance**

Statutory guidance on what should be taught covers three main themes; health and wellbeing; relationships; living in the wider world. PSHE will, as appropriate, focus on:

- Self-awareness
- Self-care, support and safety
- Managing feelings
- Changing and growing
- Healthy lifestyles
- The world I live in.

PSHE education is taught through both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness, as they move through the school. PSHE education helps pupils to manage their physical and emotional changes, introduces them to a wide world and enables them to make an active contribution to their communities. PSHE education acknowledges and addresses the changes of adolescence and their increasing independence. It teaches the knowledge and skills which will equip them for the opportunities and challenges of life. Students learn to manage a diverse relationships, their online lives and the increasing influence of peers and the media. PSHE education reflects the fact that students are moving towards an independent role in adult life, taking on greater responsibility for themselves and others. PSHE is taught in conjunction with our RSE Curriculum.

## **Monitoring and Evaluation of Personal, Health and Economic Education**

The PSHE Coordinator will oversee, organise and evaluate PSHE, in the context of the overall planning for and monitoring the quality of teaching and learning.

Assessment, recording and reporting: Parents are informed of progress and attainment via the following documents:

- End of year reports
- Individual Personal Curriculum Plans (PCP)
- Education, Health and Social Care Plans (EHCP)